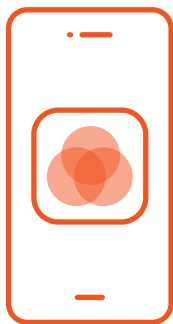# Keep track of your data over time with the Floodlight™ MS App

floodlight™ ms

Floodlight MS is a science-based smartphone app that remotely keeps track of function over time to help you and your healthcare provider enrich the conversation around your care.

THE POWER OF DIGITAL HEALTH TECHNOLOGY DIRECTLY IN YOUR HANDS

You can review your Floodlight MS data within the app and generate PDF and CSV reports. Your healthcare provider can securely review the data through their unique portal. Your following appointments will provide you and your healthcare provider the opportunity to review the data together and may help facilitate more informed conversations about your care.

Floodlight MS includes **5** activities to collect data on your **hand function, walking ability,** and **cognition**, which are commonly affected areas of function in people living with MS.

PINCH A TOMATO	DRAW A SHAPE	U-TURN	2 MINUTE WALK TEST	MATCH THE SYMBOLS/ MATCH THE NUMBERS

You can discuss with your healthcare provider which activities are most suited for you and customize which activities you'll complete in the app. Please see the user manuals on FloodlightMS.com for directions on how to properly perform the activities in the app.

The Floodlight MS app also features a Journal to help guide you and your healthcare provider toward improving conversations about your care.

Start Your Floodlight MS Routine

SEVEN STEPS TO GET YOU STARTED

1. **Download** Floodlight MS from the App Store or Google Play Store, then open the app and tap Sign Up.

2. **Scan QR code or manually enter** your healthcare provider's unique code _ _ _ _ _ _ _ _

3. **Review the information** on the *Is This Your Provider?* screen. If this is your healthcare provider, tap CONNECT. Then, create your account by entering your email address and setting a password. Check your email and follow the instructions to complete the sign-up process.

4. **Finish your profile** under *Settings* in the app to make sure that your data is shared with your healthcare provider.

5. **Customize your activities** in the app by toggling each activity on or off in your *Settings* under *My Activities*. Next, in your *Settings* under *Reminder*, select how often you'll be completing your activities based on your healthcare provider's recommendation.

6. **Enter your next scheduled appointment** in the app.

7. **All set!** Begin collecting data and building your personal Floodlight MS routine, which may help with improving clinical conversations later.

Floodlight MS is as powerful as the data you put into it. The more data you enter, the more it may help with improving clinical conversations with your healthcare provider. By using Floodlight MS data as your resource, you and your healthcare provider can work together to see beyond the surface between office visits.

GETTING SUPPORT

If you are experiencing any new symptoms or have any questions about your MS, reach out to your healthcare provider.

Floodlight MS customer support is available for any questions related to your Floodlight MS experience. Reach support by calling **1-888-ILLUMN8 (1-888-455-8668)** or emailing **FloodlightMS_support.us@gene.com**.

Genentech takes patient privacy seriously. If you'd like to learn more, please refer to the Floodlight MS privacy notice.

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