

It's time to shine a light on your MS journey since your last visit



You've taken the time to complete your Floodlight™ MS activities and Journal entries—now it's time to review the data collected since your last visit with your healthcare provider! This next appointment offers you and your healthcare provider the opportunity to check in and discuss what your data may reveal about the time between your office visits.

BEFORE YOUR APPOINTMENT:

To help with improving clinical conversations with your healthcare provider during your visit, be sure to take some time before your appointment to fill out the information on this checklist so that you can be ready to share your answers with your healthcare provider.

Consider the activities you're completing—which were easy to complete, and which were hard to complete consistently? Think about why and be ready to discuss it with your healthcare provider.

Note any questions about the activities you've completed.

Do you have any questions about your Floodlight MS data that you may want to discuss with your healthcare provider?

List any reasons or major events that may have caused a disruption in your routine since your last appointment (eg, travel/vacation, broken bone, personal life event, etc).

DURING YOUR APPOINTMENT, ASK:

- Can we review my Floodlight MS data together?
- Are there any areas of my function that you want to evaluate further?
- Does the frequency of each activity I complete need any adjustments?
- Do I need any follow-up scans or tests?
- Does my treatment plan need any adjustments?
- When should I schedule my next visit?

APPOINTMENT NOTES:



GETTING SUPPORT

If you are experiencing any new symptoms or have any questions about your MS, reach out to your healthcare provider. Floodlight MS customer support is available for any questions related to your Floodlight MS experience. Reach support by calling **1-888-ILLUMN8 (1-888-455-8668)** or emailing **FloodlightMS_support.us@gene.com**.

Please see the user manuals on FloodlightMS.com for directions on how to properly perform the activities in the app. Genentech takes patient privacy seriously. If you'd like to learn more, please refer to the Floodlight MS privacy notice.